**Maternal Express Guide**

The Maternal Express Guide is your one-stop shop for high-risk pregnancy care services provided by SSM Health Women’s Health, SSM Health St. Mary’s Hospital - St. Louis, SSM Health Cardinal Glennon Children’s Hospital and Saint Louis University School of Medicine. This guide includes service descriptions, locations, contacts, physician information and much more for you and your patient’s needs.

### High-Risk OB and Women’s Specialty Services' Appointment Numbers:

<table>
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<th>Service</th>
<th>Phone Number</th>
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<td>Maternal-Fetal Medicine</td>
<td>1-888-636-7642</td>
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<tr>
<td>Genetics Services</td>
<td>1-888-636-7642</td>
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<tr>
<td>Gynecologic-Oncology</td>
<td>314-977-7455</td>
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<td>Centering Program</td>
<td>1-888-636-7642</td>
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<td>Minimally Invasive Surgery — Endometriosis</td>
<td>314-977-7455</td>
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<td>Pelvic Pain</td>
<td>314-977-7455</td>
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<td>Reproductive Endocrinology</td>
<td>314-977-7455</td>
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<td>SSM Health Cardinal Glennon St. Louis</td>
<td>1-877-776-3385 or 314-268-4037</td>
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<td>Urogynecology (FPMRS)</td>
<td>314-977-7455</td>
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<td>Vulva Disorders</td>
<td>314-977-7455</td>
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**ACCESS CENTER**

1-888-636-7642

**Direct Access to Expert Care for Missouri and Illinois OB/GYNs**

Maternal & Fetal Care Centers are located at:

- SSM Health DePaul Hospital - St. Louis
- SSM Health St. Clare Hospital - Fenton
- SSM Health St. Joseph Hospital - St. Charles
- SSM Health St. Joseph Hospital - Lake Saint Louis
- SSM Health St. Mary’s Hospital - St. Louis
- Anderson Hospital - Maryville, IL

**Call Our Dedicated Maternal Access Center:**

**Maternal Transports**

The maternal transport team at SSM Health St. Mary’s Hospital is the most experienced in the region, serving Metro St. Louis, Metro East and the surrounding area since 2007. Our team has a combined experience of more than 35 years of maternal transport service and more than 90 years in obstetrics nursing. Services are available 24 hours a day.

**Direct Inpatient Admissions**

Seamless admission for high-risk patients at SSM Health St. Mary’s Hospital - St. Louis

**MFM Consultations**

24/7 consultations with maternal-fetal medicine specialists

**Outpatient Scheduling**

Quick and easy appointment scheduling at any SSM Health Maternal & Fetal Care Center
Maternal-Fetal Medicine (MFM)

High-risk pregnancy services include preconception counseling and the evaluation and management of all aspects of complicated pregnancies, including:

- Advanced maternal age
- Birth defects
- Prematurity and multiple gestations
- Diabetes in pregnancy
- Cardiovascular disorders
- Fetal anomalies
- Substance abuse during pregnancy
- Obesity and lifestyle modification
- A variety of obstetrical complications, syndromes, disorders and diseases

MFM services available at SSM Health Women’s Health, Maternal & Fetal Care Center locations:

SSM Health DePaul Hospital - St. Louis
12277 DePaul Drive
South Medical Building, Suite 301
St. Louis, MO 63044
314-344-6495

SSM Health St. Clare Hospital - Fenton
1011 Bowles Avenue
St. Francis Building, Suite 300
Fenton, MO 63026
636-496-5438

SSM Health St. Joseph Hospital - St. Charles
330 First Capitol Drive
Medical Building 1, Suite 210
St. Charles, MO 63301
636-947-5615

SSM Health St. Joseph Hospital - Lake Saint Louis
300 Medical Plaza
Medical Building 2, Suite 221
Lake Saint Louis, MO 63367
636-625-7730

SSM Health St. Mary’s Hospital - St. Louis
1027 Bellevue Avenue
1027 Medical Building, Suite 205
St. Louis, MO 63117
1-888-636-7642

Anderson Hospital Wellness Center
2133 Vadalabene
Maryville, IL 62062
618-288-2470

SSM Health - Shiloh
1191 Fortune Blvd, Shiloh, IL 62269
618-206-6101

MFM services available at SSM Health Women’s Health, Maternal & Fetal Care Center outreach locations:

Phelps County Regional Medical Center
1000 West Tenth Street
Rolla, MO 65401
573-458-7737

Southeast Health
1701 Lacey Street
Cape Girardeau, MO 63701
573-331-6422

St. Joseph’s Hospital Breese
9515 Holy Cross Lane
Breese, IL 62230
618-526-5459 - Telemedicine

SSM Health
Good Samaritan Hospital
1 Good Samaritan Way
Mt. Vernon, IL 62864
618-242-4600 - Telemedicine

Appointment for any above location:
1-888-636-7642
SSM Health Cardinal Glennon St. Louis Fetal Care Institute

The SSM Health Cardinal Glennon St. Louis Fetal Care Institute (FCI) is one of the leading comprehensive fetal care programs in the country. Since 2009, SLUCare high-risk obstetrical specialists at SSM Health St. Mary’s Hospital - St. Louis and pediatric subspecialists at SSM Health Cardinal Glennon Children’s Hospital have worked together to provide the most well-rounded, compassionate and innovative care to mothers whose unborn babies have congenital, structural and genetic anomalies.

The FCI clinical suite at SSM Health Cardinal Glennon offers patient-centered care with three nesting rooms, an ultrasound examination and treatment room, and a large conference/consultation room to allow the family to meet with a larger care team. Deliveries at SSM Health Cardinal Glennon are available for patients who require immediate specialized pediatric services that may only be accessible at our main campus.

Advanced procedures:
The FCI is proud to offer needle-based fetal interventions, fetoscopy and open fetal surgery procedures including:

- Fetoscopic laser photocoagulation of placental vessels for twin to twin transfusion syndrome (TTTS), selective intrauterine growth restriction (sIUGR) and twin reversed arterial perfusion (TRAP) sequence
- Open fetal repair for myelomeningocele
- Minimally invasive laser ablation for fetal tumors
- Prenatal surgery for bladder outlet obstruction
- Fetoscopic amniotic band release
- Open fetal resection for sacrococcygeal teratoma
- EXIT (Ex Utero Intrapartum Treatment procedure) deliveries

Emanuel “Mike” Vlastos, MD, FACOG, St. Louis Fetal Care Institute Director
Special interests: Fetal diagnosis, fetal surgery, fetal imaging, cervical incompetence

The SSM Health Cardinal Glennon St. Louis Fetal Care Institute is located at
1465 S. Grand Blvd.
St. Louis, MO 63104
www.stlouisfetalcare.com

Appointment:
314-268-4037 or 877-776-3385
Email: fetalcare@ssmhc.com
Additional Women’s Specialty Services

The services below are available at the following location:
SSM Health St. Mary’s Hospital - St. Louis, 1031 Bellevue Avenue, Medical Building Suite 400, St. Louis, MO 63117

Advanced Nurse Practitioners
SSM Health Women’s Health, Maternal & Fetal Care Center has a team of highly skilled, caring and compassionate nurse practitioners that specialize in high-risk obstetrical care.
Office: 314-768-8730

Certified Nurse Midwives
Nurse midwives, advanced practice registered nurses, function as a primary healthcare provider for women and their newborn babies. They provide medical care for women whose births are considered uncomplicated. Nurse midwives may collaborate with an obstetrician and gynecologist.
Office: 314-977-7455

Genetics Services
Genetic consultations, counseling (including preconception), evaluation and testing services available. Consultation is warranted for patients with:
• Advanced maternal age
• Abnormal serum screenings tests
• Abnormal ultrasound findings
• Known fetal chromosome disorders
• Teratogen exposures
• Family history of genetic disorders
• History of recurrent pregnancy loss or previous stillbirth
Appointment: 1-888-636-7642
Office: 314-768-8873

Gynecologic-Oncology
Primary, tertiary and quaternary consultative services to referring physicians; genetic counseling; surgical consultations; and multidisciplinary, comprehensive care services are available. The gynecologic-oncology team utilizes state-of-the-art care and innovative treatments for pre-invasive diseases and invasive cancers.
Appointment: 314-977-7455
Office: 314-781-8605, ext. 1

Minimally Invasive Gynecological Surgery – Endometriosis
State-of-the-art minimally invasive surgery options include:
• Traditional laparoscopic surgery
• Operative hysterectomy
• Robotic surgery
• Single-incision surgery
Appointment: 314-977-7455
Office: 314-781-1505

Pelvic Pain Center
Evaluation and treatment of chronic pelvic pain.
Appointment: 314-977-7455
Office: 314-781-1031

Reproductive, Endocrinology and Infertility (REI)
Expert diagnosis and treatment available for patients with reproductive disorders pertaining to the pituitary gland, adrenal gland, thyroid gland and ovaries.
Appointment: 314-977-7455
Office: 314-781-1505

Urogynecology (FPMRS)
Clinical evaluation, management and repair services are available for a full spectrum of urogynecologic conditions (prolapse, incontinence).
Appointment: 314-977-7455
Office: 314-781-1031

Vulva & Vaginal Disorders Center
Evaluation and treatment of problems of outer genital area or vulva disorders.

Maternal & Fetal Care Centers

SSM Health DePaul Hospital - St. Louis
12277 DePaul Drive
South Medical Building, Suite 301
St. Louis, MO 63044

SSM Health St. Clare Hospital - Fenton
1011 Bowles Avenue
St. Francis Building, Suite 300
Fenton, MO 63026

SSM Health St. Joseph Hospital - St. Charles
330 First Capitol Drive
Medical Building 1, Suite 210
St. Charles, MO 63301

SSM Health St. Joseph Hospital - Lake Saint Louis
300 Medical Plaza
Medical Building 2, Suite 221
Lake Saint Louis, MO 63367

SSM Health St. Mary's Hospital - St. Louis
1027 Bellevue Avenue
1027 Medical Building, Suite 205
St. Louis, MO 63117

Anderson Hospital
2133 Vadalabene
Pediatric Specialty Clinic Building
Maryville, IL 62062

SSM Health - Shiloh
1191 Fortune Blvd, Shiloh, IL 62269

Maternal & Fetal Care Outreach

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1000 West Tenth Street
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Medical Building 2, Suite 221
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SSM Health Good Samaritan Hospital
1 Good Samaritan Way
Mt. Vernon, IL 62864

The Maternal Express Guide is published by Physician Services. If you have any questions or comments, please call 314-678-4461 or email Jake_Brooks@ssmhc.com.

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