The Perinatal Outreach Program
A partnership between SSM Health Cardinal Glennon Children’s Hospital and SSM Health St. Mary’s Hospital - St. Louis.

Continuing education credit
In support of improving patient care, SSM Health is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the health care team.

ACCM – physicians
SSM Health designates this live activity for a maximum of 7.2 AMA PRA Category 1 Credits™.

ANCC – nurses
SSM Health designates this live activity for a maximum of 7.2 ANCC contact hours.

Planning members and presenters
Glenn Barber, RNC-NIC, BSN
Neonatal Outreach Educator
SSM Health Cardinal Glennon Children’s Hospital

Mary Hope, RN, BSN
Neonatal Outreach Educator
SSM Health Cardinal Glennon Children’s Hospital

Glenn Barber and Mary Hope have no disclosures for this program.

Contact us
For more information or questions about the STABLE program, please call 314-577-5317 or contact us by email.

Glenn Barber | glenn.barber@ssmhealth.com
Mary Hope | mary.hope@ssmhealth.com

Event Location
Lake Regional Health System
54 Hospital Drive
Osage Beach, MO 65065

Perinatal Outreach Education
STABLE
Post-resuscitation and pre-transport stabilization of sick newborns

October 18, 2018
Lake Regional Health System
Osage Beach, MO
Perinatal Outreach Education | STABLE

Course details
Date
October 18, 2018
Time
8 am - 4:30 pm
Place
Lake Regional Health System
54 Hospital Drive | Osage Beach, MO 65065
Reminder: The classroom temperature varies. Please bring a sweater or light jacket with you to ensure your comfort.

Program goal
STABLE is based on extensive literature review, research and input from nurses, respiratory therapists and physicians. The goal of the STABLE program is to provide a concise guideline for neonatal pre-transport stabilization activities to be used by community hospital caregivers.

Primary audience
Staff working in labor and delivery, postpartum, Level one, two or three nurseries and emergency departments who may be involved with unexpected deliveries of sick and/or premature infants.

Learner manual
The learner manual is included with the STABLE course fee ($65) or can be ordered at the following websites:
stableprogram.org
aap.org/nrp

Agenda
7:45 - 8 am
• Registration
8 - 8:10 am
• Welcome and introduction to STABLE
• Pre-test grading
8:10 - 9:45 am | Sugar
• Identifying infants at risk for hypoglycemia
• Evaluation and treatment of hypoglycemia
• Surgical and medical abdominal conditions
9:45 - 10:45 am | Temperature
• Identifying infants at risk for hypothermia
• Effects of cold stress on neonates
• Candidates for therapeutic neuroprotective hypothermia
10:45 am - 12:30 pm | Airway
• Evaluating and treating respiratory distress
• Identification and treatment of pneumothorax
• Blood gas interpretation
12:30 - 1:30 pm
• Lunch (on your own)
1:30 - 2:45 pm | Blood pressure
• Discuss the three major types of shock
• Evaluation and treatment of shock
2:45 - 3:45 pm | Lab work
• Clinical signs of neonatal sepsis
• CBC interpretation
3:45 - 4:15 pm | Emotional support and quality improvement
• Supporting parents before, during and after transport
• Importance of effective communication and teamwork
4:15 - 4:30 pm
• Mixed module post test
4:30 pm
• Evaluations and adjournment

Registration Form - October 18, 2018
Name
Address
City/State/ZIP
Phone
Employer
Email
Fee
The 6th edition Learner Manual is required for this course.
If you need to purchase the Learner Manual, the STABLE course fee is $65.
If you already have a 6th edition Learner Manual, the STABLE course fee is $25.
Mail payments to:
SSM Health Cardinal Glennon Children's Hospital
Attn: Perinatal Outreach
1465 S. Grand Blvd.
St. Louis, MO 63104
Please make checks payable to:
SSM Health Cardinal Glennon Children's Hospital

For more information or questions about the STABLE program, please call 314-577-5317 or visit cardinalglennon.com/perinataloutreach