Maternal Express Guide
High-Risk Pregnancy Care

ssmhealth.com/maternity
### Maternal Express Guide

The Maternal Express Guide provides an overview of the high-risk pregnancy care services provided at SSM Health in partnership with the experts at the SLUCare Physician Group. This guide includes service descriptions, locations, contacts, physician information and much more for you and your patient’s needs.

#### High-Risk OB and Women’s Specialty Services’ Appointment Numbers:

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<th>Service</th>
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<td>Maternal-Fetal Medicine</td>
<td>1-888-636-7642</td>
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<td>Genetics Services</td>
<td>1-888-636-7642</td>
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<td>Gynecologic-Oncology</td>
<td>314-977-7455</td>
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<td>Centering Program</td>
<td>1-888-636-7642</td>
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<td>Minimally Invasive Surgery — Endometriosis</td>
<td>314-977-7455</td>
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<td>Pelvic Pain</td>
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<td>Reproductive Endocrinology</td>
<td>314-977-7455</td>
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<tr>
<td>SSM Health Cardinal Glennon St. Louis Fetal Care Institute</td>
<td>1-877-776-3385 or 314-268-4037</td>
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<td>Urogynecology (FPMRS)</td>
<td>314-977-7455</td>
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<td>Vulva Disorders</td>
<td>314-977-7455</td>
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#### Direct Access to Expert Care for Missouri and Illinois OB/GYNs

Maternal & Fetal Care Centers are located at:

- SSM Health DePaul Hospital - St. Louis
- SSM Health St. Clare Hospital - Fenton
- SSM Health St. Joseph Hospital - St. Charles
- SSM Health St. Joseph Hospital - Lake Saint Louis
- SSM Health St. Mary’s Hospital - St. Louis
- SSM Health Medical Group - Carbondale, IL
- SSM Health Medical Group - Shiloh, IL
- Anderson Hospital - Maryville, IL

#### Call Our Dedicated Maternal Access Center:

**Maternal Transports**
The maternal transport team at SSM Health St. Mary’s Hospital is the most experienced in the region, serving Metro St. Louis, Metro East and the surrounding area since 2007. Our team has a combined experience of more than 35 years of maternal transport service and more than 90 years in obstetrics nursing. Services are available 24 hours a day.

**Direct Inpatient Admissions**
Seamless admission for high-risk patients at SSM Health St. Mary’s Hospital - St. Louis

**MFM Consultations**
24/7 consultations with maternal-fetal medicine specialists

**Outpatient Scheduling**
Quick and easy appointment scheduling at any SSM Health Maternal & Fetal Care Center

**ACCESS CENTER**
1-888-636-7642
**Maternal-Fetal Medicine**

High-risk pregnancy services include preconception counseling and the evaluation and management of all aspects of complicated pregnancies, including:

- Advanced maternal age
- Birth defects
- Prematurity and multiple gestations
- Diabetes in pregnancy
- Cardiovascular disorders
- Fetal anomalies
- Substance abuse during pregnancy
- Obesity and lifestyle modification
- A variety of obstetrical complications, syndromes, disorders and diseases

**Our Specialists**

**Glad Gross, MD, Director**  
SLUCare Physician Group  
Special interests: Medical complications of pregnancy, management of premature labor and ruptured membranes, isoimmunization, surgical complications of pregnancy, obstetrical quality improvement and education

**Erol Amon, MD**  
SLUCare Physician Group  
Special interests: Preterm labor, premature rupture of membranes, preeclampsia, fetal anomalies, prenatal diagnosis, gestational diabetes, risk management and medical-legal topics

**Shilpa Babbar, MD**  
Special interests: Prenatal yoga, congenital high airway obstruction syndrome, neural tube defects

**Christopher Buchanan, MD**  
SLUCare Physician Group  
Special interests: Maternal fetal medicine, obstetrics and gynecology

**Alan Buchbinder, MD**  
SLUCare Physician Group  
Special interests: Maternal fetal medicine, obstetrics and gynecology

**Katherine Childress, MD**  
SLUCare Physician Group  
Special interests: Abnormal/normal labor, VBAC, endocrinology of pregnancy, physiology of pregnancy, obesity in pregnancy, autoimmune diseases in pregnancy and preterm birth

**Allan Fisher, MD**  
SLUCare Physician Group  
Special Interests: Maternal fetal medicine, obstetrics and gynecology and perinatal/reproductive genetics

**Jennifer Goldkamp, MD**  
SLUCare Physician Group  
Special interests: Vaginal birth after cesarean, multifetal gestations, recurrent pregnancy loss, infectious disease in pregnancy, maternal diseases

**William Holcomb, MD**  
SLUCare Physician Group  
Special interests: Prenatal risk assessment, abnormalities of fetal growth and structure and management of medical complications of pregnancy

**Kia Lannaman, MD**  
SLUCare Physician Group  
Special interests: Obesity, inflammation, abnormal placential histology

**Dorothea Mostello, MD**  
SLUCare Physician Group  
Special interests: Diabetes in pregnancy, preconception counseling, follow-up of gestational diabetes, prenatal diagnosis and preeclampsia

**Jaye Shyken, MD**  
SLUCare Physician Group  
Special interests: Substance abuse, smoking cessation and rapid cycle quality improvement

**James Thorp, MD**  
Special interests: Isoimmunization in pregnancy, fetal anemia, cervical insufficiency, Transvaginal Cervico-Isthmic Cerclage (TVCIC) CMV infection in pregnancy

**Tracy Tomlinson, MD**  
SLUCare Physician Group  
Special Interests: Prenatal diagnosis, high-risk newborns, preeclampsia, diabetes and pregnancy, epilepsy and pregnancy and anmiocentesis

**Laura Vricella, MD**  
SLUCare Physician Group  
Special interests: Maternal obesity, obstetric anesthesia, hypertension, preeclampsia, gestational diabetes and chorionic villus sampling (CVS)

**SSM Health Cardinal Glennon St. Louis Fetal Care Institute**

SSM Health Cardinal Glennon St. Louis Fetal Care Institute is one of the nation’s leading fetal care centers. Since 2009, we have been changing lives through a combination of innovative fetal medicine and compassionate care. SSM Health Cardinal Glennon St. Louis Fetal Care Institute offers a variety of fetal diagnostic procedures, interventions and treatments for various fetal conditions. Using advanced technologies, careful observation and our expertise, we work to help families discover their best options for the most unique pregnancies.

SSM Health Cardinal Glennon is home to SSM Health Cardinal Glennon St. Louis Fetal Care Institute and is a collaborative program between SSM Health Cardinal Glennon Children’s Hospital, SSM Health St. Mary’s Hospital and SLUCare Physician Group.

**WISH Center**

The WISH Center (Women and Infant Substance Help) located at SSM Health St. Mary’s Hospital - St. Louis and our satellite office in Carbondale, IL, provides comprehensive, high-risk maternity care for women who are dependent on opioid drugs. It is the first, and the only center of its kind in Missouri.

The WISH Center utilizes a multidisciplinary team of providers including a SLUCare maternal fetal medicine specialist, three nurse practitioners who are trained in high-risk obstetrics, nurses, a nurse coordinator, social workers, addictions counselor and a dedicated OB pharmacist to meet all of the patients’ needs. They also coordinate with behavioral medicine therapists.

The program is developing a full two-year program that would continue care for new moms after the baby is born when the risk for relapse is greatest. This includes partnering with outside organizations and wrap around services to access necessary resources, such as housing, and support in developing and enhancing parenting, life and job skills necessary to support mothers in maintaining their sobriety.

**The WISH Center Locations**

St. Louis, MO 63104  
1465 S. Grand Blvd.

Carbondale, IL 62901  
618-519-9182

St. Louis, MO 63117  
1035 Bellevue Ave., Suite 205

St. Louis, MO 63117  
1465 S. Grand Blvd.

Email: fetalcare@ssmhealth.com  
314-268-4037 or 877-776-3385

St. Louis, MO 63104  
1465 S. Grand Blvd.

Email: stlouisfetalcare.com

St. Louis, MO 63104  
1465 S. Grand Blvd.
Nurse Practitioners
SSM Health Women’s Health, Maternal & Fetal Care Center has a team of highly skilled, caring and compassionate nurse practitioners that specialize in high-risk obstetrical care.

Office: 314-768-8730

Certified Nurse Midwives
Nurse midwives are advanced practice registered nurses who function as a primary healthcare provider for women and their newborn babies. They provide medical care for women whose births are considered uncomplicated.

Office: 314-977-7455

Financial Counseling Resources
Comprehensive program to provide financial support for women struggling to finance their health needs.

Office: 314-768-8856

Diabetes Education
Our Maternal Outreach Diabetes Education (MODE) program offers diabetes self-management education and support to expectant women in the St. Louis region. Our team of maternal fetal medicine specialists, certified diabetes educators, and registered nutritionists work together to ensure you get the specialized care you need during your pregnancy.

Appointment: 888-636-7642

Genetics Services
Genetic consultations, counseling (including preconception), evaluation and testing services available. Consultation is warranted for patients with:

- Advanced maternal age
- Abnormal serum screenings tests
- Abnormal ultrasound findings
- Known fetal chromosomal disorders
- Teratogen exposures
- Family history of genetic disorders
- History of recurrent pregnancy loss or previous stillbirth

Appointment: 1-888-636-7642
Office: 314-768-8873

Gynecologic-Oncology
Primary, tertiary and quaternary consultative services to referring physicians; genetic counseling; surgical consultations; and multidisciplinary, comprehensive care services are available. The gynecologic-oncology team utilizes state-of-the-art care and innovative treatments for pre-invasive diseases and invasive cancers.

Appointment: 314-977-7455
Office: 314-781-8605, ext. 1

Minimally Invasive Gynecological Surgery – Endometriosis
State-of-the-art minimally invasive surgery options include:

- Traditional laparoscopic surgery
- Operative hysterectomy
- Robotic surgery
- Single-incision surgery

Appointment: 314-977-7455
Office: 314-781-1505

Mood Disorder Clinic
The clinic is committed to providing care and education for patients suffering from depression and bipolar disorders.

Appointment: 314-781-1505

Pelvic Pain Center
Evaluation and treatment of chronic pelvic pain.

Appointment: 314-977-7455
Office: 314-781-1031

Reproductive, Endocrinology and Infertility (REI)
Expert diagnosis and treatment available for patients with reproductive disorders pertaining to the pituitary gland, adrenal gland, thyroid gland and ovaries.

Appointment: 314-977-7455
Office: 314-781-1505

Sexual Health
Expert diagnosis in treating lack of desire and arousal, inability or difficulty with orgasm, painful sex, menopausal symptoms and chronic vaginal or vulvar pain

Appointment: 314-977-7455

Urogynecology (FPMRS)
Clinical evaluation, management and repair services are available for a full spectrum of urogynecologic conditions, including prolapse and incontinence.


Vulva and Vaginal Disorders Center
Evaluation and treatment of problems of outer genital area or vulva disorders.
The Maternal Express Guide is published by Physician Services. If you have any questions or comments, please call 314-678-4461 or email Jake.Brooks@ssmhealth.com.