Primary Audience
SSM Health St. Mary’s Hospital - St. Louis’ Perinatal Outreach Fundamentals of Fetal Monitoring Course is designed for nurses with minimal experience in fetal monitoring (1 year or less).

Objectives
• Identify the goals of electronic fetal monitoring, as well as the benefits and risks that it encompasses.
• Describe the instrumentation methods available for fetal heart rate (FHR) and uterine activity monitoring.
• Discuss physiologic factors involved in fetal oxygenation.
• Describe the baseline characteristics of the FHR and uterus using National Institute of Child Health and Human Development (NICHD) definitions and nomenclature.
• Describe periodic and episodic FHR changes, i.e., accelerations and decelerations using NICHD definitions and nomenclature.
• Discuss standards of care regarding fetal monitoring.

Accreditation and Credit Designation

In support of patient care, SSM Health is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE) and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the health care team.

ANCC - Nurses
SSM Health designates this live activity for a maximum of 5.5 ANCC contact hours.

Disclosure: The planning team has no relevant financial interests.
Illinois programs are partially funded by the Illinois Department of Public Health.

Contact Us
Perinatal Outreach Educators:
Pam Randazzo, BSN, RNC
SSM Health St. Mary’s Hospital - St. Louis
314-768-8537 | Pamela.Randazzo@ssmhealth.com
Rebecca Williams, BSN, RN
SSM Health St. Mary’s Hospital - St. Louis
314-768-8547 | Rebecca.Williams3@ssmhealth.com

Mailing Information
If you would like to mail payment in advance, send your check made payable to:
SSM Health St. Mary’s Hospital - St. Louis
Please include a note with your name and the date of the course you wish to attend and mail it to:
SSM Health St. Mary’s Hospital - St. Louis
Attn: Perinatal Outreach
6420 Clayton Road,
St. Louis, MO 63117

Reminder: The classroom temperature varies. Please bring a sweater or light jacket with you to ensure your comfort.

Visit cardinalglennon.com/perinataloutreach if you have any questions.
Primary Audience
SSM Health St. Mary’s Hospital - St. Louis’ Perinatal Outreach Fundamentals of Fetal Monitoring Course is designed for nurses with minimal experience in fetal monitoring (1 year or less).

Objectives
- Identify the goals of electronic fetal monitoring, as well as the benefits and risks that it encompasses.
- Describe the instrumentation methods available for fetal heart rate (FHR) and uterine activity monitoring.
- Discuss physiologic factors involved in fetal oxygenation.
- Describe the baseline characteristics of the FHR and uterus using National Institute of Child Health and Human Development (NICHD) definitions and nomenclature.
- Describe periodic and episodic FHR changes, i.e., accelerations and decelerations using NICHD definitions and nomenclature.
- Discuss standards of care regarding fetal monitoring.

Accreditation and Credit Designation
In support of patient care, SSM Health is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE) and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the health care team.

ANCC - Nurses
SSM Health designates this live activity for a maximum of 5.5 ANCC contact hours.

Disclosure: The planning team has no relevant financial interests.
Illinois programs are partially funded by the Illinois Department of Public Health.

Contact Us
Perinatal Outreach Educators:
Pam Randazzo, BSN, RNC
SSM Health St. Mary’s Hospital - St. Louis
314-768-8537
Pamela.Randazzo@ssmhealth.com

Rebecca Williams, BSN, RN
SSM Health St. Mary’s Hospital - St. Louis
314-768-8547
Rebecca.Williams3@ssmhealth.com

Mailing Information
If you would like to mail payment in advance, send your check made payable to:
SSM Health St. Mary’s Hospital - St. Louis
Attn: Perinatal Outreach
6420 Clayton Road
St. Louis, MO 63117

Reminder: The classroom temperature varies. Please bring a sweater or light jacket with you to ensure your comfort.

Visit cardinalglennon.com/perinataloutreach if you have any questions.