



Label

PEDIATRIC SLEEP AND RESEARCH CENTER

POLICY REGARDING ARTIFICIAL HAIR, HAIR DECORATIONS (BEADS, BARRETTES, ETC.)

In the Sleep Center, for the sleep study it is necessary to attach electrodes to the scalp with an electrode cream and tape for recording purposes that need to stay on the scalp throughout the night. Hair and scalp must be clean and free from gels, oils or hair sprays. The hair must be free of all beading, only loose braiding to the natural hair will be allowed with the understanding, if needed, a braid may need to be removed for correct electrode placement. A head netting may be placed over the electrodes to help keep electrodes on the patient during recording. In the morning, the techs will remove the electrodes from the scalp and the patient may want to wash their hair before they leave the lab. Electrodes placed on the face will be removed with a solvent to help dissolve the adhesive from the tape. An adhesive residue may stay on the skin but can be removed with a little baby oil applied to a cotton ball and gently rubbed over the area, once you arrive home. Please be careful to keep out of eyes.

It is recommended by the Sleep Center staff that the natural hair be free of any decorations such as beads, barrettes, hair ties/ponytail holders, headbands, clips, removable hair pieces, hair weaves etc. that might be damaged by the application of the electrodes or may impede correct placement of the electrode. If it is decided that these items cannot or will not be removed prior to testing, we ask that you sign this document to show that education about the process was provided, and that the responsibility of leaving these items in the patient's hair was at your discretion, and is no way the responsibility of the Sleep Center staff. If the Sleep Lab technician is unable to see the scalp because of weaves, the sleep study will need to be rescheduled until the patient has the weave removed.

Print Name _____
PARENT OR LEGAL GUARDIAN

Sign Name _____
PARENT OR LEGAL GUARDIAN

Date: _____

Witness: _____