



Welcome to the Sleep Clinic!

*****You will receive a reminder letter and a reminder phone call 2-3 business days before the appointment. If you need to cancel or reschedule, please call our office.*****

- 1. What to do when you arrive at SSM Health Outpatient Center: Please arrive 15 minutes before your appointment time for registration. If the provider your child is seeing requires a questionnaire, please print and fill out from this website:**

Outpatient Center: The address is 1475 Kisker Road, St. Charles, MO 63304. The phone number for this location is 636-498-7880. You will park in the parking lot in front of the building. We're located in Suite 200. You will check in at the center desk where the receptionist will register your child for the appointment. Once registered, you'll be called back by the nurse for your child's appointment.

- 2. What to expect from your visit with the sleep doctor or nurse practitioner:**
After a thorough consultation, the provider will determine if your child needs blood work and/or a sleep study.
- 3. After the visit is complete, you will receive an AVS (after visit summary). If follow-up appointments are needed, they will be scheduled and printed on the AVS.**
- 4. If your child had blood work done, the nurse will call you once the results are available.**
- 5. If your child had a sleep study done, once it has been read by the provider, the nurse will call you with the results.**