



Meredith Dill MS, ATC, LAT
Cardinal Glennon SportsCare Outreach Liaison

Meredith completed her undergraduate education at Wheaton College (MA) where she received her BA. She pursued another undergraduate degree at Southern Connecticut State University where she received her BS in Science specializing in Athletic Training. Meredith then went on to receive her master's degree of science in Recreation and Sport Sciences at Ohio University. While attending Ohio University, she worked as a graduate assistant and then became full-time staff for them. She has also worked as an Assistant Athletic Trainer at Washington University in St. Louis and Missouri Baptist University. During her time at Missouri Baptist University she became the Head Athletic Trainer and fulfilled that role the remainder of her time there. She started with Cardinal Glennon SportsCare in 2022.