



# Health and Safety Plan

Monroe Clinic Works **Health and Safety Plan** is an easy way for businesses to manage organization safety concerns and health care costs. It's designed to maximize a financial return quickly. This basic, but effective program provides employers with good data points for making safety and security decisions. It's the first step to controlling health care costs and enhancing your business' bottom line.



Employee Wellness is Good Business

515 22nd Ave., Monroe, WI 53566 | 608-324-2160 | [mcworks@monroeclinic.org](mailto:mcworks@monroeclinic.org) | [monroeclinic.org/mcworks](http://monroeclinic.org/mcworks)

# HEALTH AND SAFETY PLAN

## Your Monroe Clinic Works Team



**Karl Rindal, BS**  
*Employee Wellness Manager*

Karl Rindal's credentials and expertise lie in Corporate Health Promotion and Wellness. With over 5 years experience in helping businesses positively impact their workforce's health, Rindal is the primary liaison between your HR staff and the Monroe Clinic Works team.



**Dr. Gabrielle Rude, MS, PhD**  
*Population Health Manager*

Gabrielle Rude, PhD, holds degrees in Wellness and Population Health. A member of the Monroe Clinic team since 2008, she uses her strong analysis background to pinpoint trends in employee populations to assist in benefit design and cost savings.



**Dr. Mark Thompson, MD**  
*Chief Medical Officer*

Mark Thompson joined Monroe Clinic as Chief Medical Officer in 2008. He has served on the WCHQ (Wisconsin Collaborative for Healthcare Quality) board since 2009 and is currently the Board President. Additionally, he serves on the board of the Wisconsin Academy of Family Physicians.

## Organization Goals

- Control Workers Compensation.
- Maintain compliance to organization standards and implement a culture of safety and accountability.
- Minimize risk and liability associated with safety incidents.
- Improve employee satisfaction and improve workplace culture.
- Effectively handle first response to medical emergencies at your facilities.

## Program Components

- Drug screening prior to employment. (Department of Transportation screenings available.)
- Pre-Placement Physicals for new hires.
- Post incident drug and alcohol screening. Available 24/7, 365 days a year.
- Medic First Aid, AED (Automated External Defibrillator) and BBP (Blood Borne Pathogen) training for select members of your team.

## Impact

- Hire reliable, quality employees.
- Decrease OSHA Recordables.
- Decrease lost time/days.
- Comply with federal employment standards.
- Increase efficiency and profitability.



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Clinic  
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