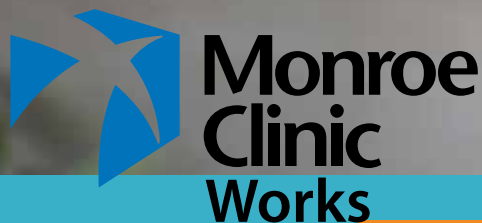




Prevention Plan

Monroe Clinic Works **Prevention Plan** goes beyond basic screenings. Each employee will receive a personal health report with recommendations on how to positively impact their score. The business will receive an overall risk profile to help guide you through effective benefit and program design. Assessments are aligned with special care opportunities and recommendations. A healthier workforce translates into controlled benefit costs and a more profitable bottom line.



Employee Wellness is Good Business

515 22nd Ave., Monroe, WI 53566 | 608-324-2160 | mcworks@monroeclinic.org | monroeclinic.org/mcworks

PREVENTION PLAN

Your Monroe Clinic Works Team



Karl Rindal, BS
Employee Wellness Manager

Karl Rindal's credentials and expertise lie in Corporate Health Promotion and Wellness. With over 5 years experience in helping businesses positively impact their workforce's health, Rindal is the primary liaison between your HR staff and the Monroe Clinic Works team.



Dr. Gabrielle Rude, MS, PhD
Population Health Manager

Gabrielle Rude, PhD, holds degrees in Wellness and Population Health. A member of the Monroe Clinic team since 2008, she uses her strong analysis background to pinpoint trends in employee populations to assist in benefit design and cost savings.



Dr. Mark Thompson, MD
Chief Medical Officer

Mark Thompson joined Monroe Clinic as Chief Medical Officer in 2008. He has served on the WCHQ (Wisconsin Collaborative for Healthcare Quality) board since 2009 and is currently the Board President. Additionally, he serves on the board of the Wisconsin Academy of Family Physicians.

Organization Goals

- Increase productivity/fewer sick days.
- Establish baseline to develop new organization and individual health goals.
- Control Workers Compensation.
- Maintain compliance to organization standards and implement a culture of safety and accountability.
- Minimize risk and liability associated with safety incidents.
- Improve employee satisfaction and improve workplace culture.
- Effectively handle first response to medical emergencies at your facilities.

Program Components

- Individual Health Risk Assessments.
- Health and wellness programming based on the health assessment results.
- Strategic recommendations on how to impact your work force's health.
- Lunch & Learns, classes, challenges, etc.
- Experts will come to you to help EE's improve.
- Random screenings for drugs and alcohol to help maintain safety.
- Influenza Vaccinations.
- Drug screening prior to employment. (Department of Transportation screenings available.)
- Pre-Placement Physicals for new hires.
- Post incident drug and alcohol screening. Available 24/7, 365 days a year.
- Medic First Aid, AED (Automated External Defibrillator) and BBP (Blood Borne Pathogen) training for select members of your team.

Impact

- Prevent employee illness.
- Increase employee satisfaction.
- Develop a culture that demonstrates care for its workers.
- Positively impact health trends unique to your organization.
- Hire reliable, quality employees.
- Decrease OSHA Recordables.
- Decrease lost time/days.
- Comply with federal employment standards.
- Increase efficiency and profitability.



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