

Effective Communication Course Overview

Referral Source Name/Title/Department:

Name of Trainee:

I understand that I have been referred for the Effective Communication Course by a faculty, committee, or staff member of Saint Louis University (SLU).

I understand that the Effective Communication Course will consist of 4 appointments and that each appointment will cover a specific module related to effective communication.

- Module 1- Constructive versus Destructive Professional Communication
- Module 2- Four-Step Stress Management Process
- Module 3- Self-Care versus Self-Compassion
- Module 4- Emotional Intelligence

I understand that this is not a mental health referral. The Effective Communication Course will be delivered by a St. Louis Behavioral Medicine Institute (SLBMI) behavioral health provider, but **no mental health assessment, diagnosis nor treatment** will be conducted during the 4 appointments. Therefore, I will not be established as a patient with SLBMI and will not be entered/associated with SLBMI's electronic health record (AdvancedMD).

I understand I **will not be billed** directly by SLBMI for the Effective Communication Course.

I understand that the referral source will be notified of my completion of the Effective Communication Course via a completion letter. I understand that the SLBMI mental health professional will share/review the completion letter with me before it is sent to the referral source.

I understand the Effective Communication Course is an educational course and completion of the course is not an attestation of my competency.

The Effective Communication Course Overview was discussed with the trainee on the following date:

Authorized Signature of SLBMI MH Professional