

Preparing for Your Initial Telehealth Diagnostic Developmental Interview and Assessment Appointment

Before your appointment:

- Think about which device you will use (phone, tablet, etc.) and where you can place it in the room so that you can be hands-free to play.
 - Set up your device (phone, tablet, laptop), with camera, in a well-lit area, in a holder or leaning against a support so it remains stationary during visit.
- Think about a room you can use to play with or talk with your child and chat with us that is as free from distractions as possible (e.g., TV, tablets, and siblings).
 - We realize that not all distractions can be avoided all the time! Clear out an area in the room where your child can be seen through the camera standing, and walking, hopping, etc.
- Find 5 or 6 toys/activities and set them aside in the room you intend to use (on a table or in a container).
 - Examples of toys for younger children include shape sorters, musical toys, puzzles, books, vehicles, pretend play toys, balls.
 - For older children include a card game, have a conversation about a favored topic, having your child tell about a recent event/show/movie, building with Lego's (or anything else that your child loves to play with).
 - Please avoid the use of phones or tablets. We will also need a clear Tupperware with a lid (or similar container with a lid) with a snack in it that your child likes.

What to expect during the appointment:

- The clinician will talk with you about your concerns, ask questions about your child's development and medical history.
 - Next we will ask you to observe, interact, and play with your child.
- The activities are designed so that we can observe how your child communicates and interacts with you and plays.
- If we have trouble seeing or hearing you or your child clearly, we may ask you to tell us what your child said or where he/she was looking.
- The clinician will give you information regarding the next steps of the evaluation process before the end of the meeting.

