

## Fee schedule and services

Daily rates and fees will be discussed at time of referral or by calling 920-921-5812.

The daily fee includes recreational/social activities, breakfast, hot noon meal and afternoon snack, assistance with activities of daily living, group exercise, individual exercise (15- or 30-minute intervals), medication supervision and administration, basic health monitoring and skilled nursing cares ordered by a provider and within the scope of practice of the nursing staff available.

## Bathing services

Adult Day Services has two whirlpool bathtubs equipped with hydraulic seats. These tubs can accommodate both ambulatory and non-ambulatory persons. A full bed bag bath is also available. Bathing services include a bath as well as hair and nail care. Towels are provided as well as soap and shampoo.

## Veterans benefits

If you are a veteran and are receiving services through the VA, you may qualify to attend our program as a covered benefit. Please inquire with the Adult Day Services program supervisor.

### SSM Health Adult Day Services

420 E. Merrill Avenue, Fond du Lac  
920-921-5812

# Adult Day Services



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## What is Adult Day Services?

Adult Day Services is a program of SSM Health St. Agnes Hospital that helps meet the health care, personal care and socialization needs of the elderly, chronically ill and disabled in the Fond du Lac area.

It provides a quality of life for adults who might otherwise not be able to be cared for at home, and has two main goals: to help individuals maintain their independence and highest functional level, and to provide families with respite from caregiving and reassurance that their loved ones are in a safe and caring environment.

## What type of people attend Adult Day Services?

It varies. Clients include those that need to be monitored and treated for health concerns, are recovering from hospital care, or need someone to watch them while a loved one works or takes a needed break. Whatever the reason for attending our program, simply visiting with others and participating in activities helps many overcome the loneliness they may feel.

## What do participants do each day?

Adult Day Services provides for both the health and personal care needs of each client as needed. Health care includes administering medications, nursing treatments as ordered by a health care provider, and health education. Personal care includes daily living activities, such as bathing in a whirlpool bath, hair, and nail care.

While Adult Day Services cares for the physical needs of clients, they also care for their emotional needs as well. They believe an active mind is a healthy mind and plan numerous activities in the course of a day, such as cards, games, exercise, community outings, and much more.

## Do participants need to attend full time?

No. Participants may attend full or half days, and from one to five days per week, based on their individual needs.

## How does someone enroll in the program?

It's easy! It just takes a phone call to the program at 920-921-5812. The program director will invite you to the facility for a visit or come to your home. Each individual's needs will be identified and a participant can start right away.

## Who staffs the program?

The program is supervised by a registered nurse. Direct care is provided by licensed practical nurses, certified nursing assistants, and an activities coordinator.

## Where is Adult Day Services located?

Adult Day Services is a program of St. Agnes Hospital. It is located nearby the hospital at 420 E. Merrill Avenue, Fond du Lac.

## What are its hours of operation?

Adult Day Services is open weekdays from 7:30 am - 5:30 pm.

## Top 10 reasons to utilize Adult Day Services

1. You can be assured that your loved one is in a safe environment.
2. You can take a much-needed break to renew your energies or do something rewarding for yourself.
3. You will have access to nurses that can answer questions, monitor your loved one's health needs, and help with medications.
4. You can be assured your loved one is receiving a hot nutritious meal plus snacks during the day.
5. You can take advantage of offered personal cares, including a whirlpool bath plus hair and nail care.
6. You can take advantage of offered exercise therapies to help your loved one stay mobile and strong.
7. You can help your loved one conquer loneliness by spending the day with new friends.
8. You can take advantage of this care option that will help your loved one be able to stay living at home for as long as possible.
9. You can work with a caring employee that genuinely loves the work they do and wants to help.
10. You can allow your loved one to have fun meeting new friends, going on community outings, and enjoying the variety of recreational activities offered daily.